CREATE YOUR OWN

**1 BASE**
- Cal: 15  [Select 1] Spring Mix
- Cal: 140  [Select 1] Quinoa Tabouleh

**2 SPREAD**
- Cal: 15  [Select 2] Tzaziki
- Cal: 20  [Select 2] Hummus
- Cal: 80  [Select 2] Avocado Hummus
- Cal: 120  [Select 2] Romesco

**3 PROTEIN**
- Cal: 130  [Select 1] $8.49 Lemon Garlic Chicken
- Cal: 179  [Select 1] $9.59 Baked Salmon
- Cal: 150  [Select 1] $7.99 Baked Falafel

**4 TOPPINGS**
- Cal: 15  [Select 3] Cucumber Tomato Salad
- Cal: 35  [Select 3] Avocado Slices
- Cal: 30  [Select 3] Moroccan Carrot Salad
- Cal: 20  [Select 3] Spicy Roasted Broccoli
- Cal: 10  [Select 3] Pickled Onions
- Cal: 60  [Select 3] Edamame

**5 DRESSINGS**
- Cal: 25  [Select 1] Feta Cheese Crumbles
- Cal: 0  [Select 1] Banana Peppers
- Cal: 30  [Select 1] Kalamata Olives
- Cal: 80  [Select 1] Roasted Sweet Potatoes
- Cal: 30  [Select 1] Roasted Chickpea Salad
- Cal: 80  [Select 1] Yogurt Ranch
- Cal: 160  [Select 1] Herb Vinaigrette
- Cal: 160  [Select 1] Roasted Garlic Vinaigrette
- Cal: 380  [Select 1] Avocado Caesar

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.