Our Campus Dietitian, Executive Chef, and the UofL Dining team work hard to make sure there are healthy, nutrient-dense options available for every lifestyle. If you have questions or concerns, please reach out to us.

This brochure serves as a guide to help identify some of the nutrient dense vegan and vegetarian options that make a balanced meal. Not all vegan and vegetarian options are listed (such as fries or yogurts available at some locations). Some locations—Wendy's and Panda Express—do not provide enough options to pair and create a balanced, nutrient dense meal, but still have vegan and vegetarian options available. Menu items are subject to change.

FOR MORE INFO & COMPLETE MENUS, VISIT:
LOUISVILLE.EDU/DINING
This guide was created by our Registered Dietitian and is meant to be a quick, easy way to find the vegan & vegetarian options at our dining locations. If you need additional assistance, please contact our Registered Dietitian at: bit.ly/ULdietitian_booking.

**SCHEDULE YOUR APPOINTMENT**

**LEGEND**
- Meal Swipe Combo
- Vegetarian
- Vegan

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**CHICK FIL A**
Student Activities Center - 1st Floor
- Buttered Biscuit
- Fruit Cup
- Egg Biscuit
- Waffle Potato Fries
- Side Salad
- Hashbrowns
- Yogurt Parfait

*Ketchup, mustard, barbecue, polynesian, sweet and spicy siracha, balsamic vinaigrette, chili lime vinaigrette, and light italian dressing are vegan.

**EIFFEL PIZZA**
Student Activities Center - 1st Floor
- Vegetarian Pizza
- Cheese Pizza

**EINSTEIN BROS. BAGELS**
Bingham Humanities Building
- Fruit Cup
- Avocado Toast
- Veggie Cup
- Yogurt Parfait
- Caesar Salad

*Plain, poppyseed, sesame, cinnamon raisin, cinnamon sugar, chocolate chip, and blueberry bagels are vegan.
**Cheesy hashbrown, six cheese, asiago, and honey whole wheat bagels are vegetarian.
***Hummus, natural peanut butter, natural strawberry jelly, and avocado/guacamole are vegan.

**LUEBERRY**
Student Recreation Center
- All Bowls
- Nutella Toast
- Veggie Wrap
- Parmesan Dip
- Pesto
- Green Goddess Dressing
- All Smoothies
- So What I'm Basic Avocado Toast
- Bang Bang Asian Wrap with Tofu
- Miso Maca BBQ Dip
- I Hate Bananas Toast

*One, Luna, Met-Rx, Cliff Builder, Fiber One, Kind, Fit Crunch, Quest, and PowerBars are vegetarian.
**Item availability may vary at each location.

**PANDA EXPRESS**
Student Activities Center - 1st Floor
- Vegetable Spring Rolls*
- Cream Cheese Rangoon
- Super Greens
- Steamed White Rice
- Eggplant Tofu
- Fried Rice
- Egg White Bites
- Butter Croissant
- Blueberry Muffin

*Teryaki, Sweet & Sour, Chili Sauce, Hot Mustard Sauce, Plum Sauce and Soy Sauce are vegan.
**All Items are cooked/fried in the same oil/equipment as meat and cheese products.
***Any item with "basic sauce" contain chicken fat and chicken broth.

**DUTHIE DASH | GRAB & GO**
Duthie Center for Engineering

**LOUIE’S CORNER | GRAB & GO**
Student Activities Center - 1st Floor

**P.O.D. | GRAB & GO**
Academic Building, Davidson Hall, University Tower Apts.
- Blue Diamond Nuts
- Belvita Breakfast Bars
- Poparts
- Pistachios
- Edamame
- Harvest Snaps Products
- Sahale Snacks
- Clif Bars
- Cheese
- Apples & Caramel
- PB&J Sandwich
- Campbell's Tomato Soup
- Quaker Oatmeal
- Kraft Mac & Cheese
- Friday's Mozzarella Sticks
- Lea Cuisine Entrees
- Salad Bar
- Keebler Crackers
- York Street Entrees
- York Street Grilled Veggie Hummus Wrap
- Oh Snap! Pickled Products
- Dole Fruit
- Sabra Guacamole & Chips
- Planter's Peanuts or Cashews
- Nature's Bakery Fig Bar
- Planter's Trail Mix
- Chinook Sunflower Seeds
- Yogurt
- Carrots & Ranch
- Ritz Peanut Butter Crackers
- Sweet Earth General Tso's Tofu
- Simply Asia Sesame Teriyaki Bowl
- Friday's Jalapeno Poppers
- Panera Soups
- Stouffer's Veggie Lovers Lasagna
- Sweet Earth Cauliflower Mac
- Nature's Valley Snacks
- Amy's Entrees
- York Street Smashed Chickpea Wrap

**STARBURKS**
S.A.C. East, Ekstrom Library, H.S.C. Campus Bookstore
- Chickpea Protein Box
- Whole Grain Oatmeal
- Hippeas
- Moon Cheese
- Egg White Bites
- Butter Croissant
- Blueberry Muffin

**SUBWAY**
Davidson Hall
- Veggie Pattie
- Veggie Delight Salad

*Italian, Spinach Wrap, Tomato Wrap, Flatbread, and Multigrain are vegan.
**Italian Herb & Cheese is vegetarian.
***Brown mustard, yellow mustard, guacamole, oil, vinegar, sweet onion sauce, herb garlic oil, vinaigrette, barbecue sauce, and buffalo sauce are vegan.

**WENDY’S**
Student Activities Center - 1st Floor
- Cold Brew or Hot Coffee
- Plain Baked Potato
- Seasonal Fruit
- Fries
- Seasoned Potatoes

*Sweet & sour sauce, barbecue sauce, and ketchup are vegan.

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