The Ville Grille is your one stop shop for a variety of options that fit your needs and preferences. It offers a full vegan station for individuals following a vegan/vegetarian lifestyle.

Vegan and Vegetarian markers are located on nutritional placards at each station to identify appropriate items. A variety of nuts, seeds, and spreads are offered at the salad bar to round out a salad to a complete meal. Ask a Manager or Chef about which dressing options are Vegan.

**ABOUT THIS GUIDE**

Our Campus Dietitian, Executive Chef, and the UofL Dining team work hard to make sure there are healthy, nutrient-dense options available for every lifestyle. If you have questions or concerns, please reach out to us.

This brochure serves as a guide to help identify some of the nutrient dense vegan and vegetarian options that make a balanced meal. Not all vegan and vegetarian options are listed (such as fries or yogurts available at some locations). Some locations- Chick-Fil-A, Wendy's, and Panda Express- do not provide enough options to pair and create a balanced, nutrient dense meal, but still have vegan and vegetarian options available. Menu items are subject to change.

**GUIDE UPDATED FALL 2019**

**FOR MORE INFO & COMPLETE MENUS, VISIT:**

LOUISVILLE.EDU/DINING

**CONNECT WITH US!**

@uofldining
**EINSTEIN BROS. BAGELS**
Bingham Humanities Building

**ENTREES**
- Asparagus, Mushroom & Swiss
- Bagel w/peanut butter or hummus
- Vegout Sandwich (sub hummus for garden schmear)
- Powerbagel w/Peanut Butter or Hummus

**PARINGS**
- Greek Yogurt Parfait with Honey
- Fruit Cup
- Garden Salad without Cheese

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**STARBUCKS**
S.A.C. East, Ekstrom Library, H.S.C. Campus Bookstore

**ENTREES**
- Veggie Spring Rolls*
- Cream Cheese Rangoon

**PARINGS**
- Mixed Vegetables**
- Steamed Brown Rice

*All items are cooked/fried in the same oil/equipment as meat and cheese products.

**VEGETABLE Frittata on Artisan Roll**

**SUBWAY**
Davidson Hall

**ENTREES**
- Veggie Pattie
- Veggie Delight Sandwich (6”), or Salad*

**PARINGS**
- Apple Slices

*Hearty Italian, Italian, Sourdough & Wrap are Vegan

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**PAPA JOHN’S PIZZA**
Student Activities Center - 1st Floor

**ENTREES**
- Signature Mozzarella Cheese Pizza
- Garden Fresh Pizza w/ No Cheese & Classic Crust

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**PANDA EXPRESS**
Student Activities Center - 1st Floor

**ENTREES**
- Veggie Spring Rolls*
- Cream Cheese Rangoon

**PARINGS**
- Mixed Vegetables**
- Steamed Brown Rice

**TWISTED TACO**
Louisville Hall

**ENTREES**
- Vegetarian version of any taco
- 2 Tacos-Veggie or Tofu*
- Vegetarian or Tofu Twisted Nachos, Burrito, or Bowl*

*Ask for no cheese, sour cream, dressing, queso or mayonnaise

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**P.O.D. | GRAB & GO**
Academic Building, Davidson Hall, University Tower Apts.

**ENTREES**
- Look for the Natural & Organic Snack Sections

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**SANDWICH SHACK**
Duthie Center

**ENTREES**
- Caprese Panini
- Sun Dried Tomato Melt
- Mediterranean Veggie Ciabata

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**STRAWBERRY EXPRESS**
Duthie Center

**ENTREES**
- Veggie Delight Sandwich (6”), or Salad*

**PARINGS**
- Apple Slices

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**EINSTEIN BROS. BAGELS**
Bingham Humanities Building

**ENTREES**
- Asparagus, Mushroom & Swiss
- Bagel w/peanut butter or hummus
- Vegout Sandwich (sub hummus for garden schmear)
- Powerbagel w/Peanut Butter or Hummus

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**LEGEND**
- Meal Swipe Combo
- Vegetarian
- Vegan

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**SCHEDULE YOUR APPOINTMENT**

This guide was created by our Registered Dietitian and is meant to be a quick, easy way to find the vegan & vegetarian options at our dining locations. If you need additional assistance, please contact our Registered Dietitian to schedule an appointment:

louisville.edu/healthpromotion/services/nutrition-coaching